

Who We Are

Professional Development Associates, LLC is an Indiana-based company specializing in personal and professional development. We offer cost effective solutions for professional assessment and coordination of behavioral health care interventions, continuing education, training, consulting, and staff development needs of our clients.

For assistance, please call Sara Stramel at 888.822.9732 and leave a message. Your call will be returned within 24 hours. For additional information, visit our website at www.pdallc.com.



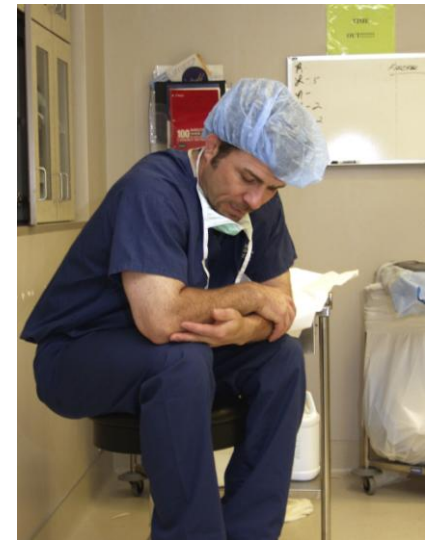
Confidentiality

PDA is committed to protecting the privacy and confidentiality of those with whom we work. Information is never disclosed to any other party without the express written consent of the client. The only exceptions to this policy are in the rare circumstances in which there exists a legal requirement to do so.

**Professional
Development
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The Physicians Wellness Program



Helping physicians develop effective coping skills to deal with the unique professional and personal challenges they face.



Call 888.822.9732
Visit us online www.pdallc.com

“The Physicians Wellness Program is a comprehensive, cost-effective evaluation experience that seeks to enhance the personal and professional quality of life for participants.” – John Wernert, MD

Giving Physicians Tools to Restore Their Personal & Professional Lives

Physicians are fiduciary agents that stand for trust, confidence, and responsibility with patients. With this duty, physicians have an obligation to serve others morally, ethically, and competently. The complexities of our modern society create unique stressors for these professionals that can lead to dysfunctional behavior and disruption in the workplace. When violations of professional boundaries and clinical competence occur, not only are individual patients put at risk, but also the professional work environment suffers. Their negative behaviors interfere with the health and mission of the profession and organization.



What is The Physicians Wellness Program (PWP)?

The Physicians Wellness Program (PWP) is designed specifically for physicians who exhibit negative stress reaction, communication problems, dysfunctional interpersonal relationships, or behaviors leading to disruptive work environments. Our goal is to evaluate the root causes of inappropriate behaviors and help professionals develop more effective coping skills and communication styles.

Program Overview

The PWP offers a two-day intensive assessment designed to diagnose the nature, range, and causes of the behavioral issues, including any co-occurring medical or psychiatric disorders. Evaluation components include a comprehensive diagnostic interview, psychological testing, and interview of collateral sources.

At the end of the evaluation, the physician and referral source will receive feedback regarding the medical team's findings, including any treatment recommendations.

Why Choose The PWP?

The PWP provides referral sources and participants with unique resources to help maximize behavior change, including:

- Extensive experience working with employers, licensing boards, and professional organizations.
- Intensive evaluations and time-limited interventions that minimize participant life disruption while maximizing treatment options.
- Work with county and state medical associations and hospital medical staff offices to coordinate recommendations and appropriate aftercare.
- Extensive list of behavioral and psychiatric resources for treatment and aftercare.
- A local treatment option offering minimal life and career disruption.